

Dr. Hana's Nasopure System

Dr. Hana's Nasopure® is an all-natural nasal cleansing system that quickly and safely washes away pollen, mold, dust, bacteria, viruses AND MUCUS — the primary causes of nasal and sinus allergies, infection, and discomfort.

Dr. Hana's patented Nasal Wash System is one of the most effective and convenient nasal irrigation systems on the market today. The Nasopure wash bottle is specially designed so users can wash their nose more comfortably. The angled neck makes it easier to apply the right amount of saline solution to the nasal passages. The applicator tip is large and angled to allow for a tight seal with the nostril. The Nasopure system is fast, easy, cost-effective and travels easily compared to those water pressure systems.

Nasopure® Starter Kit Includes: The 8 oz bottle for a single use, 20 pre-measured swish stix, and detailed instructions. Each salt stix makes 80 ounces of pure hypertonic and buffered salt mixture. Each packet weighs 3.75 grams and is the highest grade sodium chloride and sodium bicarbonate. NO OTHER ADDITIVES, PERFUMES OR INGREDIENTS.

Why Nasopure?

The Nasopure Nasal Wash Bottle is designed to wash the nose more efficiently and comfortably than other irrigation systems. The unique, angled neck allows a neutral head and neck position to achieve the perfect wash. No more bending, twisting or extending the neck. The squeezable, plastic bottle provides precise control of the solution from a light rinse to a strong steady flow. The applicator tip allows for a tight seal with the nostril to deliver the wash along the nasal floor. It washes the nasal membranes, while flushing sinus contents as the solution exits the opposite nostril. This bottle is convenient for using in the shower, over the sink, and traveling. It is perfect for children as well.

The Nasopure Wash Salt Mixture is pharmaceutical grade sodium chloride and sodium bicarbonate comes in Swish Stix packets so the solution is always the perfect mix. You just add lukewarm water to achieve the salinity you prefer. It can be used as an isotonic or hypertonic buffered solution.

All-natural Nasopure is safe for anyone with "nose woes". Those who use Nasopure on a daily basis tell us that it not only offers relief, but it refreshes, too. For them, it's as automatic as brushing their teeth and as refreshing as an ocean swim. Many users report fewer symptoms, fewer infections, reduced need for medications and they notice that they generally breathe easier.

Why not give Nasopure a try? Whether you are bothered by congestion, irritants, or just want to maintain a healthy nose and sinuses, Nasopure will help you wash your nose clean, the natural way.

Saline Solution Guide

The Nasopure saline mixture of sodium chloride and sodium bicarbonate can make two types of solutions: hypertonic and isotonic.

Bottle Size	Isotonic	Hypertonic
8 oz.	1 Swish Stix	2 Swish Stix

Nasopure saline mixtures are buffered with sodium bicarbonate to balance the acidity of the saline solution for a soothing effect.

Hypertonic

A hypertonic solution has a higher salt concentration than the fluids in the body. Scientific studies have shown a hypertonic solution has several benefits:

- Thins thick secretions most effectively.
- Improves the filtering mechanisms of the nose.
- Washes out 80% of the irritants that cause allergies.
- Shrinks swollen membranes.
- Regular use reduces the need for antihistamines and antibiotics.
- Similar to ocean water and is SAFE.
- Can improve both sense of smell and bad breath.

Isotonic

An isotonic solution has the same concentration of salt as fluids in the body. Although isotonic solutions do not have as many benefits as hypertonic solutions, many people like to begin nasal washing with a milder solution, or use isotonic solutions for frequent cleansings

Benefits of Nasal Washing:

- Daily practice improves both nasal and sinus health.
- Clears out sticky, thick mucus and helps reduce nasal congestion by thinning secretions.
- Allows the sinus cavities to drain freely so allergens, irritants, bacteria, viruses and contaminants can be eliminated.
- Helps prevent upper respiratory infections like the common cold.
- Reduces dependency on medications such as antibiotics, antihistamines, nasal steroids, decongestants and asthma medications.
- Relieves nasal dryness.
- Improves sense of smell.
- Improves sense of taste.
- Helps to treat sinusitis and rhinitis.
- Reduces allergic rhinitis.
- Reduces coughing and other symptoms of post-nasal drip.
- May reduce snoring.
- May reduce nose bleeds.
- Clears airways affected by nose woes associated with pregnancy and maturity.
- Helps alleviate breathing difficulties caused by medical conditions such as Cystic Fibrosis and many others.
- Cleanses the nasal tissues stressed by radiation therapy to the head and sinus area.
- Deeper, more relaxed breathing.

"Using this system daily will help you rely less on medications. I have used other nasal irrigation products over the years and have benefited the most from Nasopure. It is so easy to use, and the solution is a pure, natural, buffered salt mixture in high pharmaceutical grade granules. Use it daily in the shower it's that easy, and it feels great!"

Lorne Chadnick
The Allergy Guy